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COMMISSIONERATE Health & Family Welfare Services

No: NVBDCP/EST7B/Covid19/2020-21

Date: 18-01-2022

CIRCULAR

Subject: Revised guidelines for Testing, Isolation and Quarantine : Regarding
Reference: Proceedings of 148th meeting of State Covid-19 Technical Advisory
Committee (TAC) , dated: 12th Jan 2022.

The revised guidelines for efficient management of Covid cases during the current wave of Covid 19, driven by Omicron a highly transmissible variant of concern, is issued herewith.

1. For General Population

• Testing:

- All symptomatics shall compulsorily be tested by RAT (up to 30% of total tests) and the RAT negatives shall be followed up by RT-PCR as per ICMR protocol.
- All Primary contacts-at home and workplace including asymptomatics, irrespective of age and comorbidities, shall be tested.

- **Isolation:** The patient under home isolation shall be released after at least **7 days** have passed from testing positive and no fever for **3 preceding & successive days**. There is no need for re-testing after the home isolation period is over.

- **Quarantine for Primary contacts: 7 days** of home quarantine and no testing is required before release.

i. Healthcare Workers (HCWs), Frontline Workers (FLWs), Administrative, Statutory, and Constitutional Functionaries:

• Testing:

If any healthcare worker is manifesting signs and symptoms suggestive of Covid-19, he/she shall be tested

- **Isolation:** For those asymptomatics/mild symptoms, home isolation or hotel CCC is recommended for **5 days**. If asymptomatic during the preceding **3 days**, with oxygen saturation $\geq 94\%$ at room air, then he/she shall be released from isolation with an advisory to strictly wear a mask always (or PPE in case of HCWs working in Covid facilities) when people are around, for next five days.

- **Quarantine for Primary contacts: 3 days** of home quarantine or institutional quarantine and if asymptomatic can be released thereafter, without any testing.

R.P.
Commissioner

Health & Family Welfare Services

To:

1. The Special Commissioner – Health, BBMP, Bengaluru
2. The Deputy Commissioners of all districts

5th Floor, Arogya Soudha, Magadi Road, Bangalore - 560023.

3. CEO, ZP of all districts
4. The Chief Health Officer – Public Health, BBMP, Bengaluru
5. The District Health and Family Welfare officers of all districts
6. The District Surveillance Officers of all districts