



GOVERNMENT OF TELANGANA

OFFICE OF THE DIRECTOR OF PUBLIC HEALTH AND FAMILY WELFARE

Appeal to public amid recent surge in COVID -19 Cases

Date: 21-06-2022

As you aware that since last fifteen days COVID cases are on slight raise in India as well as in Telangana.

Telangana Government is well prepared to tackle any eventuality in rise of COVID cases. It is important to complete vaccination by taking both doses and it is also equally important to adhere to precautions against COVID, including wearing a face mask and maintain physical distance.

**THE PRECAUTIONS STATED BELOW ARE TO BE STRICTLY FOLLOWED:**

- i. **Vulnerable Age Groups:** Children less than 10yrs of age and elders above 60yrs of age are advised to avoid going outdoors unless necessary.
- ii. **Susceptible Age Group:** There is higher incidence of COVID disease in the age group of 20 to 50years, hence people are requested to exercise due precaution while going for work / essential activities.
- iii. **Use of Face Masks:** Everybody should wear mask when he/ she goes out of the house. Facemasks are the first line of defense against COVID-19.
- iv. **Physical Distancing:** Maintaining a distance of more than 6ft between people is important. Please maintain physical distance when outside your homes.
- v. **Workspace:** The work spaces are to be provided with soap and hand washing facility / sanitizer. Adequate physical distancing between employees should be maintained.
- vi. **Travel:** The citizens are requested to avoid unnecessary travel. In case it is unavoidable, they should ensure all COVID appropriate behavior such as face masks, hand wash/use of sanitizer, physical distance etc.
- vii. **Seek Medical care:** In case of any flu / influenza like symptoms such as fever, cough, sore throat, running nose, difficulty in breathing, body pains and headache, please report to the nearest government health facility and seek health services without any delay.
- viii. **Co-Morbid conditions:** People with co-morbid conditions like Hypertension, Diabetes, Cardiac illness, chronic kidney disease, chronic obstructive pulmonary disease, cancer and / or any other chronic illness are requested to stay indoors and avoid any kind of travel except for medical care in order to avoid exposure to COVID.
- ix. **Vaccination:** complete vaccination by taking both doses

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